# The Caton Chronicle



**Autumn Term Newsletter: 6th October 2023** 

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#### Wonderful worker

Class 1: Joshua Class 2: Aila Class 3: Rose Class 4: Lucy

## Super citizen

Class 1: Livia Class 2: Finley Class 3: Dakota Class 4: Rosie

## Golden pen

Class 2: Darcy Class 3: Pippa Class 4: Jesse

#### Team points

1st Place: Red 107 2nd Place: Blue 74 3rd Place: Yellow 55 4th Place: Green 35

#### **Mental Health Day**

Don't forget, wear green for mental health day on Monday 9th October. Your child should come dressed in their full uniform with a green accessory such as a hair bobble, hat, wrist band.

# **Staying Safe Online**

For the last couple of weeks, the children have learnt a lot about online safety and shared their learning in celebration assembly last Friday. For those who weren't able to make it, here are some of the key learning points they presented. In our parental survey, quite a few parents were unsure if their children know how to stay safe online and / or weren't sure themselves how to help so we hope that this update will be helpful to you all.

In Class 4, we looked at four areas of online safety: online relationships, information, the positives and negatives of the internet/technology, and privacy and security. Here are our main tips:

# Online relationships:

- Don't share personal information online e.g. name, birthday, age, school, address, photos
- Be aware of how you communicate with others online. Using memes, emojis and slang words can be confusing for some people.
- If someone is being mean online, tell an adult straight away.

#### Privacy and security:

- Create a strong password using random words, numbers, capital letters and symbols.
- Don't share your location online.
- Make sure you have good firewalls and anti-virus software on your devices.
- Don't click on unsafe/unknown links.

#### Information:

- Be aware of fake news. Don't believe everything you read online; do your own research!
- Remember, most people only share their best bits online so don't compare yourselves.
- Lots of pictures use filters now so don't be fooled by some images.
- Be aware of adverts and sponsored opinions, where people might not be sharing their true viewpoints.

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Mrs Jarvis: liarvis@caton.lancs.sch.uk

#### **School Photos**

This Tuesday (10th Oct)
the photographer will be
in school taking
individual and family
photos. If you would like
younger siblings who are
not yet school age to be
included in the photos,
please stay at the start of
the school day and we
will take those photos
first.

# **Running Club**



Our Friday morning KS2 running club is a great way to start the day. From next week, we will be tracking our personal bests, group bests and enjoying a croissant at the end of the session. Come along and join us at 8am sharp.

In Class 3, we developed our understanding of how the following things can keep us safe and our minds healthy:

#### Personal information:

- That we do not share any personal information, especially our name, age, school, where we live and what we look like.
- That we mustn't share other people's personal details.

#### Time online:

- The internet has many wonderful uses but we mustn't spend too much time on it.
- Too much time online can cause eye strain and prevents us from taking part in physical exercise.
- Using a device right before bed causes our brains to wake up and can affect our sleep pattern.
- Our real-life relationships can be affected by spending too much time online. We need to remember to spend time with our friends and family more than we use devices.

# Online relationships:

- We must be careful and vigilant with who we trust online.
- Meeting someone online and speaking to them does not make them our friend.
- Friends are people that we have met in real life and that we trust.
- Online relationships should not be used to replace our real life relationships.

In Class 2 we focused on 2 areas of online safety: asking permission and personal information.

#### Asking permission

We learnt that we must ask permission to do the following things online:

- Use a search engine to find things out.
- Watch videos online.
- Take a photo of someone else on a phone.
- Buy some new levels in your favourite game.
- Change the password on your tablet.
- Download a new app or game.

## Personal Information:

- Don't share personal information online e.g. name, birthday, age, school, address, photos.
- Don't share passwords with anybody else.

## **Harvest**

Thank you to everyone who donated food to the Morecambe Bay Foodbank for our harvest festival.



#### **Charity Club**

Last year a dedicated team of children organised a range of events, including a halloween disco, a pyjama day and a book sale to raise money for their designated charities. We are pleased to inform you that as a result of their hard work and your generosity we have been able to share £271 equally between Mind, and Animal Care Lancaster.

# **Water Safety**

Years 5 and 6 will be attending a water safety session during their normal school swimming session on Wednesday 18th October.

Year 6 will be in the water doing practical life saving skills and so will need to bring clothes to swim in as well as their normal swimming kit.

Year 5 will be doing an "on land" session covering

open water hazards, beach flags, hypothermia and the water safety code, therefore on this day only they will not need swimming kit..

# **Class 3's Abbeystead Estate visit**

On Wednesday, Class 3 visited part of the Abbeystead Estate in the Trough of Bowland. We took part in a variety of activities throughout the day and loved each one. We started with a lesson about small river creatures, using nets and large pipettes to find and identify



creatures such



as mayfly larvae. After that, we learnt about the adaptations of Britain's top predators by looking at taxidermy models and then drew our own ultimate predator. We ended the morning studying camouflage by trying to spot a variety

of hidden items. After lunch, we played some wildlife based games outside and finished the day by learning all about the countryside code. Remember, when vou head into the wilderness. take only photographs, leave only footprints and make lots of memories.



#### **PTA News**

We had a great AGM last week. We are pleased to welcome Claire Bannon onto the PTA committee as our new secretary! Thanks to Leeane, our outgoing secretary for her work over the last year.

This year we would like to introduce PTA class reps. If you have any questions, queries or ideas for the PTA let your class rep know: Claire Bannon (Penny's mum) Class 4; Rachel Beauchamp (Rose's mum) Class 3; and Gil Hamilton (Adie's mum) Class 2. We would love a volunteer for our class 1 rep. If you're interested or would like further information please speak with Gil in the playground. There's no commitment for volunteers within the PTA. There's no requirement to attend meetings unless you would like to. If you can't make meetings but would like to help with events please let us know. No help is ever too small! We've already started planning lots of exciting events for 2023/2024 after our first event of the year The Caton Adventure Quest our next get together is an interactive family bingo night on 9th November followed by the Christmas fair 7th December. Please make sure you check the schools calendar below and keep an eye on our Facebook page for up and coming PTA events

https://m.facebook.com/profile.php/?id=100086520801974&na me=xhp\_nt\_fb\_action\_open\_user



# **DIARY OF EVENTS - 2022/2023**

Date	Event	Action	Who
9/10/23	Wear green for World Mental Health Day	Accessorise your uniform with something green	All
10/10/23	School Photos	Dress smartly in full uniform.	All
11/10/23	Class 2 walk around the village	Make sure children have their coats!	Class 2
12/10/23	Reception walk around the village - Please note the change of date	Parent volunteers welcome	R
12/10/23	PTA meeting - 8pm Station Hotel	All welcome	All
16/10/23	Disability awareness workshops		All
17/10/23	KS1 athletics tournament - Carnforth High	Information to follow	KS1
18/10/23	Water safety session at Lune valley swimming pool	Y6 Bring clothes to swim in Y5 No need for swimming kit	Y5/6
31/10/23	Closing date for secondary school applications	Apply online by the deadline	Y6
09/11/23	PTA Bingo - eyes down 6pm, food from 5:30pm	Please join us	All
14/11/23	Pupil parliament at Lancaster University	Information to follow	
17/11/23	KS2 rugby tournament - Wray	Information to follow	KS2
17/11/23	Children in Need	Wear spots. Further information to follow.	All
22/11/23	KS2 Swimming Gala - Bay Leadership Academy	Information to follow	KS2
28/11/23	Class 4 Trip to Buddhist Temple	Letter to follow	Class 4
07/12/23	Christmas Fair 5pm-7pm	Join us for the PTA event of the year!	All
13/12/23	Whole School Panto at Blackpool Winter Gardens	Information to follow	All
20/12/23	Reception and KS1 Nativity - 1:30pm and 6pm	Save the date	All
15/1/24	Closing date for Reception applications for September 2024		Pre school
23/01/24	KS1 multi-skills event - Carnforth High	Information to follow	KS1
01/02/2024	Class 2 and 3 Water Workshops	N/A - conducted in school time	Class 2 and 3
15/04/24 - 16/04/24	Class 3 residential to Borwick Hall	Letter has gone out	Years 3 and 4

